



The Colonnade

Cokesbury United Methodist Church
14806 Blackburn Road, Woodbridge, Virginia

April 2013
Volume 52, No. 4

Why Recycle?

By Don Dorton

You have probably asked yourself, "Why should I recycle?" There are many reasons for it. Recycling:

- reduces the demand on our natural resources
- saves valuable landfill space
- creates opportunities for new industries
- provides an additional source of revenue for Cokesbury's many ministries.

Recycled aluminum cans are used to create new aluminum cans, thereby saving energy and resources. Just one recycled aluminum can saves enough electricity to light a 100-watt bulb for 3.5 hours. Additionally, it takes 500 years for an aluminum can to decompose, so recycling helps the environment and reduces the impact on landfills.

Cokesbury supports recycling by allowing Prince William County to park its recycling trailer on our property. The trailers receive recyclable paper, plastic, and aluminum. In addition, Cokesbury has drop boxes by our church office for recycling cell phones and printer cartridges; plus there is a drop box for disposing of dry cell batteries. When you recycle your ink cartridges at the church, it allows us to get a discount on the office supplies that the church purchases.

Cokesbury's largest recycling effort is with aluminum cans. The aluminum that we collect is a separate program from the county's recycling trailer. Instead, Cokesbury collects the cans, crushes them, and takes them to a commercial recycling company where we receive money for every pound delivered. In 2012, Cokesbury received \$625.47 from our aluminum can recycling program. This money was used to support various ministries of the church.

Please continue to give your full support to all of the recycling efforts at Cokesbury, especially the

aluminum can ministry. And please remember to deposit your cans in the small bin marked "aluminum cans only" in front of the UM Men's fruit shed. If you put your cans in the large county recycling trailer instead of the bin, those cans are lost to Cokesbury and go to the county landfill.

If you would like to become a part of this ministry by helping to "crush and bag" cans, please contact Don Dorton for details (703-494-7616).

Back by Popular Demand *Potluck and Praise*

By Emmett Wright

The Potluck & Praise gatherings that we loved to share are back!

Rehearsals are going well. Members of the Praise Group are Joe BeMiller (group leader), Emmett Wright (program coordinator), Ed Horne, Leta Deyerle, Jane Henshaw, Marian Gherke, Jim Herin, Chuck Robinson, and Brad Thompson. Instruments include guitars, bass, keyboard, autoharp, and ukulele plus vocals. The first Potluck & Praise will be held on Saturday, April 6th at 6:00 p.m.

Practice is a good time of fellowship for this group. Chuck Robinson has a valuable, hand-crafted guitar instrument, and Marian Gherke plays the autoharp which she recently had tuned and restrung. These instruments brought them to a discussion of times gone by as life was back in the 40's - no cell phones, computers or even TV.

The first selection for the April Potluck & Praise is "In Moments Like These" and, after devotions, Jane Henshaw will be featured on "I'll Fly Away."

Hope you put it in your schedule to come on April 6th for this enjoyable event.

"Loving others...as Christ first loved us!"

An Easter Message: Resurrection for Today

When the sabbath was over, Mary Magdalene, and Mary the mother of James, and Salome bought spices, so that they might go and anoint him. And very early on the first day of the week, when the sun had risen, they went to the tomb. They had been saying to one another, "Who will roll away the stone for us from the entrance to the tomb?" When they looked up, they saw that the stone, which was very large, had already been rolled back. As they entered the tomb, they saw a young man, dressed in a white robe, sitting on the right side; and they were alarmed. But he said to them, "Do not be alarmed; you are looking for Jesus of Nazareth, who was crucified. He has been raised; he is not here. Look, there is the place they laid him..."

Mark 16:1-7

[Note from the pastor: this article first appeared on the website for the United Methodist General Board of Discipleship, and is used by permission.]

One of the blessings of the Resurrection is what it implies for us today. Death has been conquered; it has been transformed from prison to corridor. Those who believe in Christ are not separated from God, but are promised eternal life in the presence of God. The stone has been rolled away from our tomb as well as from Christ's. We live as heirs of the Resurrection; Christ is risen, and we will also live again! Hallelujah!

The women approached the tomb, not knowing how the impossible would be accomplished. They were not expecting a Resurrection; they just wanted to anoint Jesus' body. If they were to honor Jesus' body in death, they wondered, who would roll away the heavy stone that covered the grave?

Could it be that we approach Easter in similar ways? We pour into churches, year after year, celebrating Jesus' resurrection, but perhaps not quite understanding the nature of the Resurrection. We believe that after we die we will live again. Christ is raised, and we will be raised. But the Bible also teaches that Christ is raised and we are raised – right now! Resurrection is also now!

The early church understood this. In Paul's work with the early church, he repeatedly spoke of the implications of the Resurrection for Christians. Paul reminded the Ephesians that they were raised up with Christ and seated in heavenly places (Ephesians 2:6). To the people in Colossae, he said: "When you are buried with him in baptism, you were also raised with him through faith in the power of God, who raised him from the dead" (Colossians 2:12). Further reminding them of the implications of their resurrection, he began with

the words, "So if you have been raised with Christ..." (Colossians 3:1). To the Galatians, Paul said, "I have been crucified with Christ; and it is no longer I who live, but it is Christ who lives in me" (Galatians 2:19-20). The early church was regularly reminded of the present-day implications of the Resurrection and of the impact it should have on the lives of Christians.

People in Christ are given an opportunity to experience Resurrection – the old life is behind us, a new life in heaven lies before us. Jesus has rolled away the stone for us. People of God, emerge from the tomb and live.

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"Fun Fair, Where God's World Comes Together"

That's the theme of Cokesbury UMC's annual Vacation Bible School, for children ages 4-12 years old. We'll have an active time of faith-building as we learn about God's love all around the world! The Bible stories will come to life, and there will be exciting music, awesome arts and crafts, yummy snacks, fun with "Godwin Merrifeather" and his daily antics, and lots of good friends to share the week with. VBS will be held the last week of June (June 24-28), from 9:30 -11:30 a.m. Volunteers, both teens and adults, will be needed. If you'd like to help, contact VBS coordinators Gayle Urban or Becky Ash.

"Loving others...as Christ first loved us!"



By Joe Greene

John Jewell, President (703-606-6804)
Emmett Wright, Vice-President (703-730-0448)

UMM Mission: *To help men grow in Christ so others may know Christ*

Thinking outside the box is a successful tool used by many corporations, various individuals and numerous organizations. Well, Cokesbury's UMM is no different as John Jewell has changed our regularly scheduled monthly Monday evening meetings to every other month.

For the off month, we will have a UMM program following the third Sunday's service at 12:15 PM. This gathering will be held in the fellowship hall and will consist of a short meeting to discuss upcoming UMM activities followed with a delicious light meal. This change is to encourage men who find it difficult to attend our Monday evening meetings but can possibly find the time for an extra hour or so on a Sunday morning.

The initial program and meal (March 17) was well attended and considered an excellent start to what we see as a beginning step to a considerable growth for the UMM. John presented an overview of our mission for the benefit of a few new members and established or renewed several much needed positions. First position is our Program Coordinator with a responsibility to initiate and coordinate UMM programs or activities. The second position will be our Membership Coordinator with a responsibility of increasing and/or maintaining our membership. Tony Miller and John Kelly are Program co-chairs and Allen Jewell will chair the membership position.

Activities that took place during March:

- * Visitation to Envoy of Woodbridge
- * Visitation to Rising Hope UMMC
- * Church wide grounds cleanup
- * Fellowship program and meal
- * Provided a Sunday service anthem
- * Provided breakfast for Easter Sunrise service

Upcoming April activities:

- * Visit to Envoy of Woodbridge - April 6
- * Monday evening meeting - April 8
- * Visit to Rising Hope UMMC - April 12
- * Manage the flea market concession stand - April 13
- * Sunday morning anthem - April 14

Numerous men of our Hispanic congregation joined Cokesbury's UMM in our annual spring church grounds cleanup. Besides a general grounds cleanup, several hours were spent spreading a gravel mixture on parking areas around the church. Additional gravel is needed for our lower parking lot which we hope to acquire within the near future.

Ok, for all of you that looked at the thought-provoking puzzle in last month's Colonnade - the answer: "A Hole".

Now try this one on for size: "How can you throw a rock - as far as you can - with nothing attached to it, but it automatically comes back to you?"



Kids' Fest 2013



Kids' Fest will be on Saturday, June 8, from 2:30-5:00 p.m.

Save the Date!...and please save medium plastic lids, paper towel rolls, toilet paper rolls, and plastic bottle caps. We need them for kid crafts. Please place items in labeled box in narthex. Thanks so much.

Volunteers are needed to set up and clean up, assist with crafts, help with writing/drawing cards, run games, do face painting, and provide baked goods for "sweet walk."

Next Kids' Fest committee meeting is April 14 at 12:15 p.m. in the Kids' Sunday School room. All are welcome. Want to volunteer? Just talk to Cheryl Pettit or Jarlene Phelps.

Cokesbury United Methodist Women

By Gayle Urban, unit president
703-494-2963



Springtime greetings to all!

Psalm 100: 1, 2, 4: *“Make a joyful noise to the Lord, all the earth. Worship the Lord with gladness; come into his presence with singing. Enter his gates with thanksgiving and his courts with praise. Give thanks to him, bless his name.”*

Thirty-one women gathered for the annual mini-retreat at the church on March 9, sponsored by Cokesbury UMW, and it was a wonderful time together as we experienced God’s joy on so many levels. Music played a big part in the afternoon’s learning and activities, and we made a joyful noise to the Lord! There was also time to give our thanks to God, and consider the blessings we have received. We learned how music has been a part of worship, and heard the biblical messages of Miriam and David and their times of singing and dancing before the Lord. As Pastor Robin said, “music is our portable theology.” How does music touch your heart during worship? Is there a special hymn that has brought you comfort during a time of need? Which spiritual songs keep you encouraged?

April 8: Cokesbury UMW Circles meet; Ruth Circle at 1 p.m. and Evening Circle at 7 p.m. The program will be “Candleburning” which is one of the mission giving programs, and this will be led by Mary Wright. This is a time we can give in honor or in memory of loved ones.

UMW’s first Flea Market is on Saturday, April 27. (This is a busy day for UMW events, as you can see below!) At the Flea Market, we plan to also have a bake sale, so please consider baking some cookies, bars, nut breads, or such for the event. Volunteers are needed, especially from 10 a.m.-2 p.m.

Upcoming UMW Events in the Alexandria District:

- “Mini School of Missions” on April 27, from 9 a.m.-3 p.m. at Sydenstricker UMC. Cost is \$15, which includes lunch. There are two mission studies for you to choose to attend: **Immigration & the Bible**, or **Poverty**. Registrations are needed by April 19; you can register by e-mail at Jeannelbs@aol.com and pay at the door; checks payable to “Alexandria District UMW.” This is an event for laity and clergy.
- Aldersgate UMW (1301 Collingwood Road, Alexandria, VA, 22308) is hosting their annual Fashion Show and Luncheon on April 27 at 11 a.m. Fashions by Chico. This is a fundraiser for missions. Contact Deborah Chusmir at chusmir@verizon.net.

UMW Spiritual Life Retreat in Blackstone.

Hosted by Conference UMW, the event is held from May 3-5. The retreat leader is Rev. Dawn-Marie Singleton, pastor at Oakton UMC in Oakton, VA. The theme is “Having Tea with Jesus.” The mission emphasis this time is the Wesley Community Service Center in Portsmouth, VA; they need gift cards from Food Lion or Walmart, which allow the Center to offer assistance for food or pharmacy items.*

Cost for the retreat is \$90, for Saturday lunch through Sunday lunch (May 4-5); Goodson Lodge room requests are \$10 more per night (Friday through Sunday cost is \$138.00). Cokesbury women usually attend from Saturday to Sunday. Registration deadline is April 24. There will be time to sign up at the UMW circle meetings on April 8.

*If anyone would like to donate one of these gift cards for this project, you can give them to Deirdre Dorsey or Peggy Dorton; we’d be happy to take them with us to the retreat in Blackstone.

"Loving others...as Christ first loved us!"



By Linda Alvey

Just wanted to give an update on the box tops/Campbell's soup labels.

Since my last article, 168 box tops and 115 Campbell's labels have been collected. Please continue to save those box tops/labels and leave them in the box located in the narthex. These box tops collected are worth \$16.80 to Featherstone School. Remember for the Campbell's soup labels, save the entire UPC code. If you are unsure what is needed for the soup labels, cut and leave the entire label and I will collect what is needed. It would be great if we could double the amount collected in the next two months.

It was another successful night at St. Paul's with the Lord's Table on Thursday, March 21st. Thank you to everyone who assisted with this project. Whether you donated a food item or helped at the church, your part was important and appreciated. We fed over 50 people a hot meal of meat loaf, mashed potatoes and gravy, green beans or peas, salad, rolls, and cake with strawberries and whipped cream. A special thank you to my husband, Mike, who peeled 25 pounds of potatoes for the mashed potatoes. Great job to my Lord's Table team. It would not be a success without your part!



Painters - any skill level for VBS mural painting in late April/early May. Mural outlines will be drawn using overhead projector and transparencies. All we need are the painters. See weekly church bulletin for dates and times or call Jarlene Phelps at 703-851-6043.



By Jarlene Phelps

Mark your calendar for Sunday, May 19 through Wednesday, May 22, to help any night to provide a meal at Hilda Barg Homeless Prevention Center. Sign-up sheets will be in the narthex on April 28th. We need volunteers to provide food, cook and serve the evening meal (serve at 7 p.m.) and make sandwiches each night for the next day's lunch.

It is amazing what we are part of!

Five churches began the Prince William County Homeless Program in 1987. The homeless were first housed in churches on a rotating basis and staffed by volunteers. The Cooperative Council of Ministries (CCoM) partnered with the County and Volunteers of America to open the first Homeless Prevention Center in 1990. The current Center, located at 14945 Jefferson Davis Hwy, was opened in 1999 and the CCoM continues to coordinate over 70 churches, civic/scout groups, and businesses to ensure that meals are provided three times a day, 365 days a year.



John 12

By Barb Firth

Again in the month of March, Cokesbury's members and friends have shown their generosity by contributing food for ACTS.

For April we are requesting beans- dried beans, baked beans, kidney, pinto, etc.

Please continue to remember the hungry when you come to worship.



- 2 Andrew Clark
- 3 JJ Baiden-Amisshah
Elaine Copeland
Chrissie Edmonds
- 5 Delores Schiele
Bunny Wirick
- 6 Melissa Clark
- 8 Chad Tyrrell
William Amponsah
Bonnie Birk
Connie Dutton
- 9 Tom Fabricius
- 10 Mark Fulton
- 12 Michael Obeng, Jr.
- 14 Geraldine Berry
- 15 Wayne Heatwole
- 16 Jesse Gallagher
Carl Armentrout
Victor Wertz
- 17 Louise Young
Robert Tyrrell
Pius Amponsah
- 19 Denise Elliott
Stefanie Mowrey
- 20 Grace Bockes
- 21 Robbie Brisbane
- 22 Kimberly Smith
- 23 Patrick Dutton
- 24 Allen Jewell
Matthew Ritenour
Ashley Birk
- 25 Michael Cotter
- 26 Leanne Gribik
Neil Dutton
- 28 Tony O'Brien

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17 Suzette & Mark Fulton

Milk Cartons Wanted

By Mary Jane Fizer

Our daughter, Tina Sullivan, needs empty, clean gallon milk cartons for a special project she is hoping to do for our granddaughter's birthday. She plans to build an igloo from these milk cartons and needs 240 cartons. If you use these milk cartons and will save them for me, I will appreciate it. Tina will be most grateful for any cartons you can contribute to her project. I will need to have cartons no later than April 7. (I wonder what she will come up with next year!) My phone no. is 703-494-6654.



Lifeline ultrasound screenings will be available here at Cokesbury on Monday, May 6. Cardiovascular disease is the #1 cause of death in the U.S. and a leading cause of permanent disability.

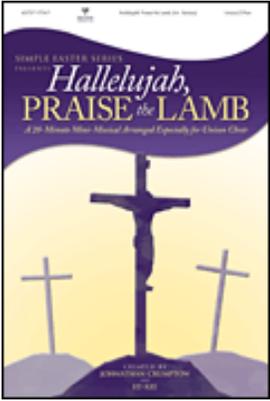
The following screenings will be available:

- * Stroke/Carotid Artery Screening
- * Heart Rhythm Screening
(Atrial Fibrillation)
- * Abdominal Aortic Aneurysm Screening
- * Peripheral Arterial Disease Screening
- * Osteoporosis Risk Assessment

Pre-registration is required. For more information or to make a reservation, call 1-800-324-1851 (Priority Code HSC4601). To register on-line, go to www.lifelinescreening.com/community-partners.

"Loving others...as Christ first loved us!"

Easter Cantata



An Easter cantata by the Chancel Choir will "praise the lamb" on Sunday, April 7.

This Easter celebration with many beautiful hymns and a number of solos is directed by Melissa Clark. There will be only one service on that date at 11:00 a.m.

Join us in sharing this musical program. The choir has worked hard for several months preparing for this Easter musical offering to you.



Wheels to Wellness

Wheels to Wellness is a new medical transportation assistance program sponsored by PRTC through support from the Potomac Health Foundation. It provides travel assistance via a rechargeable payment card that eligible residents can use to access health services.

To be eligible you must be 80 years old or older, disabled as defined by Americans with Disabilities Act, or have income no greater than 1.9 times the federal poverty level, and not be eligible for Medicaid.

Those who need transportation to and from health related services and who qualify for the program may fill out an application form. Forms are available at PRTC Transit Center, local government social services agencies, and online at PRTCtransit.org.

For more information, visit PRTCtransit.org, email Omni@OmniRide.com or call 703-730-6664.

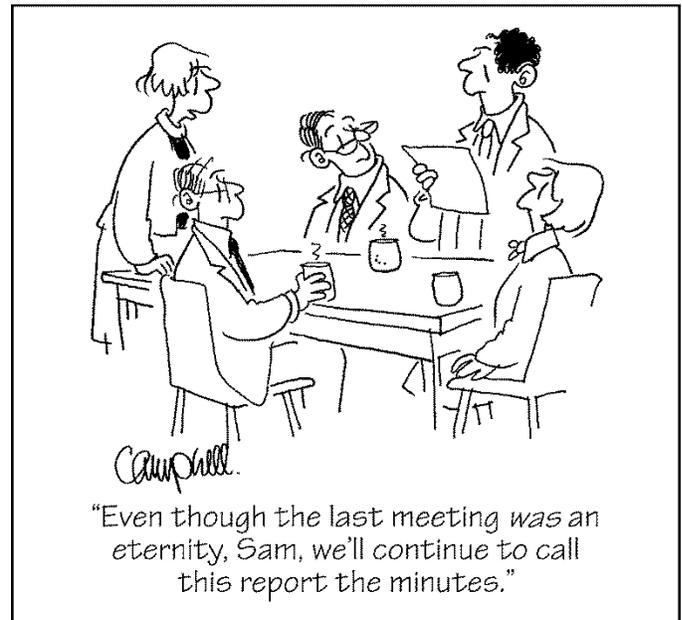
Prince William PurSuits

Prince William PurSuits has been known for several years as a community event for low-income men and women entering or re-entering the workforce and in need of professional clothing and accessories.

ACTS will now provide a separate PurSuits section in the ACTS Thrift Store. Those in need can purchase the items they need at very low prices. Those who cannot afford to purchase the items can apply for vouchers from the ACTS Emergency assistance office.

In addition to clothing, ACTS will provide information to clients about available classes within ACTS and SkillsSource (www.myskillsource.org). Individuals interested in getting help with resume writing, interviewing skills, and job readiness will find these to be very helpful resources.

Donations of professional clothing and accessories, designated for PurSuits, may be dropped off directly to the Thrift store during store hours or can call Administrative office at 703-441-8606 to make arrangements for drop off.



"Loving others...as Christ first loved us!"



United Methodist Men Ministries

Presented by John Jewell

I deeply appreciate and love working with all of the men. Pastor Russ has been a strong supporter of what we do.

Last year, we put in a wheelchair ramp for Jean Durham and the last several months of her life, she had freedom to get in and out of her home and made it much easier for Glenna.

In December, we used the money you donated for Laurie to help a fruit customer who has been buying fruit from us. Her house was foreclosed and her daughter was very ill. She bought Christmas gifts for her grandchildren.

Last year one of the recipients of our Achievement Award was Bob Mahar. It was the last time Bob came to church. We deeply appreciate his work with the men and his life.

We have services at Envoy and Rising Hope where we have music by Mary Jane, devotions by Emmett Wright and me. Both places deeply appreciate our efforts. We also have lunch at Rising Hope and snacks at Envoy Center which many people, including my dear Laurie, participated in. We have many supporters in what God is calling us to do.

Christian fellowship is a word of many things. My sister-in-law said she never felt the Holy Spirit more than when she was here.

Men, what is God calling you to do? Please join us at our next get-together. In 1961, John Kennedy asked "...not what your country can do for you, but what you can do for your country." At Cokesbury, let us "...ask not what God and the church can do for me, but what I can do to make His kingdom and our church and community better."

God bless you all.

One Great Hour of Sharing

Presented by Pastor Russ Urban

UMCOR, the United Methodist Committee on Relief, is the humanitarian relief and development arm of the United Methodist Church. UMCOR works globally to alleviate human suffering and advance hope and healing. Its specialized ministries include: responding in disaster, fighting hunger, alleviating poverty, providing relief supplies around the world, and offering hospitality to immigrants and refugees.

UMCOR is completely funded by charitable donations. And here is the amazing thing about UMCOR. UMCOR promises that 100 percent of every gift given to support a specific UMCOR project will go to that project. None of the money donated to a specific cause will be used to pay for overhead or administrative costs.

So where does the money for overhead and administration come from? Well, money received from the One Great Hour of Sharing special offering that we receive today pays for the administrative and overhead costs of UMCOR.

Furthermore, since UMCOR keeps its operating costs under 10% of its total budget, the money donated may actually exceed UMCOR's administrative needs. When that happens, they are channeled to under-funded programs where they are most needed. They also may be used to allow UMCOR to respond to disasters immediately after an event and before funds can be raised.

You can join United Methodists worldwide by making a special offering to the One Great Hour of Sharing to support humanitarian aid through UMCOR. You can be assured that when catastrophes cause suffering, your church, compelled by Jesus' love and compassion, will be in the lead to ease the pain.

"Loving others...as Christ first loved us!"

Sunday Worship Services

8:30 AM & 11 AM

Nursery available at both services.

The 11 a.m. worship service features a children's worship for elementary school aged children.

Sunday School at 9:45 AM
(for children, youth, and adults)

If there is a 5th Sunday in the month, the worship service that day begins at 10:30 AM and there is no Sunday School.

See the web site for more information:
<http://www.CokesburyUMC.us>



The Colonnade Staff

Editor: Bunny Mahar

Postal Coordinator: Joe Greene

Articles for the Colonnade are due by the 20th of each month for the next month's edition.

Place articles in Church Mailbox #3
OR e-mail them to: cokesburyumc@gmail.com

Church Office: 703-494-5400

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Cokesbury United Methodist Church
14806 Blackburn Road
Woodbridge, VA 22191
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Cokesbury United Methodist Church

Potluck & Praise: April 6			April 2013			Easter Cantata: April 7
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 6:00 Prayer Group 7:00 IPDC	2 6:30 Girl Scouts 7:00 Finance	3 6:30 Children's Choir 7:00 Chancel Choir 7:00 IPDC	4 7:00 IPDC	5 7:00 IPDC	6 6:00-2:00 Flea Market (Church Council) 10:00 Recovery, Inc. 2:30 UMM to Envoy 6:00 Potluck & Praise
7 11:00 Easter Cantata 12:15 Helping Hands Meeting/Potluck 1:30 IPDC 5:30 Youth Group	8 1:00 UM Women: Ruth Circle 6:00 Prayer Group 7:00 UM Men 7:00 UM Women: Evening Circle 7:00 IPDC	9 6:30 Girl Scouts 7:00 Church Council	10 10:00 Prayer Shawls 6:30 Children's Choir 7:00 Chancel Choir 7:00 IPDC	11 7:00 IPDC 7:00 Disciple Bible Study, #26	12 11:00 UMM to Rising Hope 7:00 IPDC	13 6:00-2:00 Flea Market (UM Men) 10-12 Recovery, Inc.
14 8:30/11:00 Worship 9:45 Trustees Meeting 9:45 Disciple Study, #26 12:15 Kids Fest Planning 1:30 IPDC 5:30 Youth Group Mystery Dinner	15 6:00 Prayer Group 7:00 IPDC  Prayer, It Works!	16 6:30 Girl Scouts 7:00 SPRC	17 6:30 Children's Choir 7:00 Chancel Choir 7:00 IPDC  Children's Choir	18 7:00 IPDC 7:00 Disciple Bible Study, #27	19 7:00 IPDC	20 6:00-2:00 Flea Market (Worship Committee) 10-12 Recovery, Inc. 9:00 Helping Hands to Gunston Hall <i>Colonnade Deadline</i>
21 8:30/11:00 Worship 9:45 Disciple Study, #27 12:15 Missions & Outreach 1:30 IPDC 5:30 Youth Group	22 6:00 Prayer Group 7:00 IPDC	23 6:30 Girl Scouts	24 10:00 Prayer Shawls 6:30 Children's Choir 7:00 Chancel Choir 7:00 IPDC	25 7:00 IPDC 7:00 Disciple Bible Study, #28	26 7:00 IPDC	27 6:00-2:00 Flea Market (UM Women) 10-12 Recovery, Inc.
28 8:30/11:00 Worship 9:45 Disciple Study, #28 5:30 Youth Group	29 6:00 Prayer Group 7:00 IPDC	30 6:30 Girl Scouts				